

Teaching Series: Recharge Time: Jul 1, 2018

Title: Overly-Unhealthy Teacher: Andrew Charko

"Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies." 1 Corinthians 6:19-20

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. Galatians 5:1

For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him. Colossians 1:16 NIV

HOW TO RECHARGE YOUR BODY

**1. Recognize that the way you treat your body**

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**2. Make a \_\_\_\_\_ to treat your body better and stick to it!**

**3. Watch God \_\_\_\_\_ you for your faithfulness.**

But now that you have been set free from sin and have become slaves of God, the benefit you reap leads to holiness, and the result is eternal life. For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord. Romans 6:22-23

"We are free to choose, but we are always a slave to our greatest desire." Jonathan Edwards

