

“Talk it Over” Discussion Questions

Happy

4/3/16

Blessed are Those Who Mourn

Facilitator Instructions:

Please use these questions as a guide. You do not need to cover each of them OR ask them in the listed order. Hopefully they will serve as a springboard to a great discussion. Remember, allow some “wait time” before moving along to the next question.

Message Summary:

This week’s lesson came from Matthew 5:4. Blessed are those who mourn, for they will be comforted. What Jesus is saying is that you can be happy because of all the ways God helps you and comforts you when you are hurting.

Ice-Breaker: (Use this as a kick-off to get the discussion going)

What is the difference between “stuffing our emotions and smiling” versus being happy during times of pain?

Involve questions: (These questions are focused on others..it is always easier to open with a question that isn’t personal.)

The first way God blesses us when we are mourning is that he draws us close to himself. What is it about pain that makes us feel alone?

Mike instructed us not to rely on what we feel but what is real. What is the difference between the two? How do we apply this when we are mourning?

Read Isaiah 53:3 “He was despised and rejected by mankind a man of suffering, and familiar with pain.” How is it comforting to know that God is familiar with our pain and grieves with us?

Engage questions: (The following questions are used to engage the group - how does this topic apply to you?....What do you think?)

James 1:2-3. God uses grief to help us grow. Why do we grow during times of trials? Can you share a time that you grew through hardships?

What does it mean “Your greatest ministry will come out of your deepest hurt?” Do you think this is true? Why or why not?

Have you ever been comforted by someone that went through a similar situation as you? Or have you been able to comfort someone because of your past suffering?

Challenge Portion: (Next Steps)

What did you learn this week that was encouraging to you when facing trials?

